



SCHOOL



MOTIVATION



ADVICE



SUCCESS



GOAL

MENTORING

HOW IT WORKS



DIRECTION



SUPPORT



COACHING

heathgrove

What's up?

What good things have happened to me? Is there anything that I was proud of? What am I worried or stressing about? How are my goals going?

Faith

Do I consider Jesus my friend? Do I make time for Him everyday? Am I reading the Gospel? What has God been telling me lately?

Friends

Do I try to listen to my friends? Are our conversations positive and uplifting? Do I try to think about my friends' wants and needs? Have I been generous with my friends? What have I learned from them?

Virtues

Order & Temperance
Resilience & Commitment
Generosity & Sincerity
Cheerfulness & Purity

Family

Have I been helping to make my home a nice place to live in? Have I been making time for my family? How is my relationship with my parents and siblings? How are my chores going?

Study

Am I focused in my studies/ at school? What distracts me from doing my best? What has been motivating me?

Goal Setting

What is one specific, achievable, and relevant goal that I can work on until my next mentoring conversation?