



2022

Evenings of Recollection

FOR WOMEN

**St Mary Star of the Sea
33 Howard St, West Melbourne**

Recollections are opportunities to stop once a month and spend time with our Lord both in directed prayer (meditation preached by a priest in front of the Blessed Sacrament) and in your own personal prayer.

Recollections are hosted by
Heathgrove Study Centre
32 Havelock Rd, Hawthorn East
p 9882 2022
e info@heathgrove.org.au

**Recollections are conducted by priests of the
Prelature of Opus Dei.
For further information visit
opusdei.org.au**

**For more information, contact Laura Cheung
m 0423 761 437**

**The priest is available for confessions from
6:45pm - 7pm & 7.45pm onwards.**

**The recollection starts with reading from a
spiritual book to help you focus on God and
start your own personal prayer with God.**



6:45pm	Spiritual reading & personal prayer
7:00pm	Meditation given by the priest (directed prayer)
7:30pm	Benediction
7:45pm	Examination of conscience
7:50pm	Personal prayer
8:10pm	Talk given by a lay person (in the crypt)
8:45pm	Finish



9th March

6th April

4th May

8th June

6th July

3rd August

7th September

5th October

9th November

7th December

11th January 2023*

**held at Heathgrove Study Centre*