

## What is it?

Recollections are opportunities to stop once a month & spend time with Our Lord both in directed prayer and in your own personal prayer.

## FIRST WEDNESDAY OF THE MONTH MORNINGS OF RECOLLECTION for women

## HOSTED & CONDUCTED

Recollections are hosted by Heathgrove Study Centre info@heathgrove.org.au

For further information about the Prelature of Opus Dei: opusdei.org.au

#### TIMETABLE

9:30AM Spiritual reading & personal prayer

**10:00AM** Meditation given by the priest (directed prayer)

10:30AM Holy Mass

11:15AM Examination of conscience & personal prayer

11:45AM Talk given by a lay person

**12:15PM** Finish

### DATES

**03 JUL 10 JAN 07 AUG** 07 FEB **06 MAR** 03 APR **08 MAY 05 JUN** 

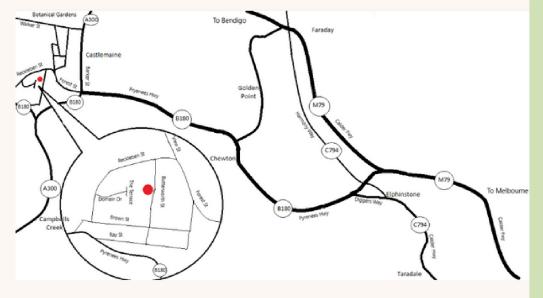
**04 SEP 09 OCT 06 NOV 04 DEC** 08 JAN 2025

**HEATHGROVE STUDY CENTRE** 32 HAVELOCK RD **HAWTHORN EAST 3123 VIC** 

# Spiritual Retreats

A silent retreat is a special time to break from the usual activities of life, a time to reflect and to ask oneself: How is life going? Where is my life heading? Where is God in all this? It is a time to assess the present and to apply resolutions in a practical way to one's daily life. Weekend retreats offer daily Mass, time for personal prayer and talks on central themes related to living a Christian life within the specific circumstances of daily life. There are also opportunities for confession and personal spiritual direction.

Feb 15- 18
May 16- 19
Jul 25- 28
Aug 1-4
Sept 12- 15
Nov 21- 24



Retreats begin on the first night at 8.30pm and finish on Sunday afternoon at 4pm. The spiritual and doctrinal activities conducted by Heathgrove Study Centre are entrusted to Opus Dei, a personal Prelature of the Catholic Church. For more information: www.opusdei.org

July 13-14 November 9-10 An open retreat is a shorter, not live-in option. The retreat starts at 9:00AM and ends at 4:00PM each day. Fully catered. For open retreat bookings: <a href="https://www.trybooking.com/events/landing/1180882">https://www.trybooking.com/events/landing/1180882</a>

## OPEN Retreats







Single room - three days retreat \$390 / Single room - two days retreat \$330 Shared room - \$340 / Student Rate - \$170



To Book: womensactivities.org
Enquiries: vic.bookings@womensactivities.org



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