

2024

EVENING RECOLLECTION *for women*

heathgrove

Recollections are opportunities to stop once a month and spend time with our Lord both in directed prayer (meditation preached by a priest in front of the Blessed Sacrament) and in your own personal prayer.



**St Mary Star of the Sea
33 Howard St, West Melbourne**

*First Wednesday of
each month*



Recollections are hosted by
Heathgrove Study Centre p: 9882
2022 e: info@heathgrove.org.au



For more information about the
spirituality of the recollections,
please visit opusdei.org.au.



For more information, contact Laura
Cheung. m 0423 761 437



The priest is available for
confessions from 6:45pm - 7pm &
7.45pm onwards. The recollection
starts with reading from a spiritual
book to help you focus on God and
start your own personal prayer with
God.



TIMETABLE & DATES

WEDNESDAY

6:45 PM Spiritual reading & personal prayer
7:00PM Meditation given by the priest (directed
prayer)
7:30PM Benediction
7:45PM Examination of conscience
7:50PM Personal Prayer
8:10PM Talk given by a lay person (in the crypt)
8:45PM Finish

10th Jan	7th Aug
7th Feb	4th Sep
6th Mar	9th Oct
3rd Apr	6th Nov
8th May	4th Dec
5th Jun	8th Jan 2025
3rd Jul	

Spiritual Retreats

A silent retreat is a special time to break from the usual activities of life, a time to reflect and to ask oneself: How is life going? Where is my life heading? Where is God in all this? It is a time to assess the present and to apply resolutions in a practical way to one's daily life. Weekend retreats offer daily Mass, time for personal prayer and talks on central themes related to living a Christian life within the specific circumstances of daily life. There are also opportunities for confession and personal spiritual direction.

Feb 15- 18

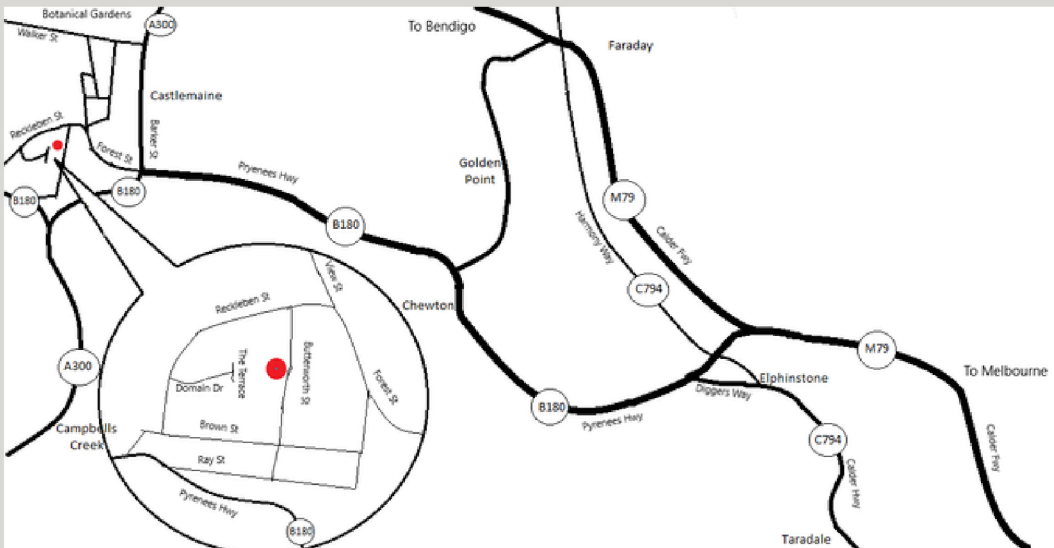
May 16- 19

Jul 25- 28

Aug 1-4

Sept 12- 15

Nov 21- 24



Retreats begin on the first night at 8.30pm and finish on Sunday afternoon at 4pm. The spiritual and doctrinal activities conducted by Heathgrove Study Centre are entrusted to Opus Dei, a personal Prelature of the Catholic Church. For more information: www.opusdei.org

July 13-14
November 9-10

An open retreat is a shorter, not live-in option. The retreat starts at 9:00AM and ends at 4:00PM each day. Fully catered. For open retreat bookings: <https://www.trybooking.com/events/landing/1180882>

OPEN Retreats

P Parking: 8 Butterworth Street, Castlemeaine VIC 3450 (see map)

📍 Castlemeaine Study Centre, 1 The Terrace, Castlemeaine VIC 3450

\$ Single room - three days retreat \$390 / Single room - two days retreat \$330
Shared room - \$340 / Student Rate - \$170

✉ To Book: womensactivities.org
Enquiries: vic.bookings@womensactivities.org

📞 Shobha Thomas
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